**Teenage Obesity News Story**

* **Read the questions first, and try to guess what kind of answers you are listening for.**
* **Then watch the program and try to answer the questions. If you can’t find all the answers then watch the program again and focus your listening on those questions.**

1. Briefly summarise the main issues raised in the Teen obesity story.

2. What did a recent national survey find out about Australian teenagers?

3. What health problems can obesity lead to?

4. Draw a diagram to illustrate heart disease.

5. What diet and lifestyle habits have contributed to the obesity problem?

6. Who do you think is responsible for tackling the weight problem? Explain

your answer.

7. What have the government and schools done to address the issue?

8. How has your school addressed the issue? Give some examples.

9. What else do you think could be done to encourage young people to make

healthy diet and lifestyle choices?

10. What diet and lifestyle changes would you make to improve your health?

**Click the link below to watch the program:**

<http://www.abc.net.au/btn/story/s3138468.htm>